

'WHO' IS THAT NEW DOCTOR?

THIS TIME HE'S SCOTTISH (AT LAST!) PAGES 10-11



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THE SECOND DEADLY 'SIN'

Robert Rodriguez, Jessica Alba and Mickey Rourke bring this long-awaited sequel to the screen at last. / THE WEINSTEIN COMPANY



Killing time. "Sin City: A Dame to Kill For" follows up a surprise hit from nearly a decade ago. Jessica Alba talks about how it's as much for girls as it is for boys. PAGE 09



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NEWS

Today's tweet

"Dear Los Angeles, we have to break up. I want to exclusively date Boston. #sorrynotsorry #Boston #eastcoastbeastcoast" @constanttyeffed feels that way now, but wait until winter.



Top 3

What's trending online at Metro.us

1 VIDEO: Watch Pierce Brosnan and Jimmy Fallon play "Goldeneye"

2 VIDEO: The East Hills shopping mall has the worst commercial ever made

3 VIDEO: Watch this tortoise chase a toy truck

Fenway

Public art contest is underway

A new public art competition called Fenway's 30-Second Cinema will give Boston-area artists the chance to display their short films on a sign next to Fenway Park.

"My administration continues to look for new ways to support artists and showcase their work in Boston," Mayor Marty Walsh said Wednesday. "[This] is another innovative way to do that, and to make art more accessible to the public."

Submissions are due by Sept. 22. **METRO**

Television

'Top Chef' features Brookline chef

The executive chef of a popular Coolidge Corner restaurant will appear on the 12th season of the hit Bravo cooking show "Top Chef," which has been filming in Boston.



The Regal Beagle in Coolidge Corner / NICOLAUS CZARNECKI, METRO

Regal Beagle's Stacy Cogswell, 33, said in an interview with The Boston Globe that she told "most of her family that she was traveling in Europe during the local shoot," and that her boyfriend and brother were the only ones who knew of her involvement with the show. **GLOBE**

Councilors give Haystack parking app the heave-ho

Boston. A Baltimore-based app may have to park itself elsewhere.

The Boston City Council on Wednesday essentially banned a recently launched mobile app that allowed Boston motorists to buy and sell public parking spaces.

The ordinance prohibits the selling, leasing or reserving of public ways in the city and gives the Boston Transportation Department the sole authority and jurisdiction to regulate parking.

The Baltimore-based start-up went live in Boston last month, allowing users to connect with others who are either searching for a parking spot or leaving one. Space buyers were charged \$3, with \$2.25 going to the space sellers and 75 cents going to Haystack.

The vote followed heated discussions between city councilors and Haystack app found-

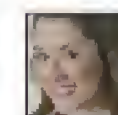


Finding parking in Boston will continue to be difficult. / NICOLAUS CZARNECKI, METRO

er Eric Meyer, who argued that the technology would reduce emissions and traffic congestion, as users would spend less time searching for coveted parking spaces.

Following the vote, Meyer released a statement saying Haystack will suspend service for the time being, though he hopes to work with city and local lawmakers to address parking issues in a way that can be supported by City Hall.

"We believe that taking actions against new ideas and passing legislation based upon hypothetical concerns that have not materialized in the actual implementation of the Haystack app is premature and does nothing to help solve Boston's acknowledged parking issues," said Meyer. "The passage of this ordinance is a step in the wrong direction for parking innovation, and for innovation of every kind."



MORGAN ROUSSEAU
@MetroMorgan
morgan.rousseau@metro.us

Shut down

The ordinance states: "No person or entity other than the City of Boston and any of its departments or designees shall have the authority to sell, lease, reserve or facilitate the reserving of any street, way, highway, road or parkway or portion thereof under the City of Boston's control."

- Disregarding the ordinance will result in a \$250 fine per violation.



Visit **Metro.us** to read more about the city's gripe with the Haystack app.

Teen admits he shot brother, 9, to death



Juanly Pena glances at his family as he enters the courtroom Wednesday. / PAT GREENHOUSE, POOL PHOTO

A Mattapan teen admitted on Wednesday to fatally shooting his 9-year-old brother at their home in February.

Juanly Pena, 15, pleaded guilty to manslaughter and unlawful possession of a firearm in connection to the death of Janmarcos Pena. He was ordered into the custody of state Department of Youth Services until he turns 21.

He was also sentenced to three years in state prison,

Buyback

The shooting of the young boy sparked the push for a citywide gun buyback program that was launched earlier this year and has so far collected hundreds of guns.

suspended, until the age of 24.

Prosecutors say the younger Pena had asked his

mother to let him stay home from school with her. Juanly Pena was also home, as he had not attended school for most of the winter.

The teen had removed the semi-automatic handgun's magazine, but was unaware that a live round remained in the chamber when he shot his brother in the chest.

Pena told police that he obtained the gun through an acquaintance a day before the shooting. **MORGAN ROUSSEAU**

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Natural gas

Officials predict costly winter

Bay Staters enjoying the final stretch of summer should expect "a very expensive winter" for home heating costs.

"We are projecting that due to our constrained natural gas supply, that prices in New England will go up for the winter," the Secretary of Environment and Energy Affairs said. **SXNS**

Schools

ACLU files iPad complaint

The ACLU of Massachusetts has filed a complaint over an iPad policy in the Mendon-Upton School District that allows only low-income students to take home the devices.

The ACLU said the policy violates state law by not providing all students with equal access to educational resources. **METRO**



Scholars get a UNIQLO shopping excursion

Global clothing retailer UNIQLO joined forces with The Red Sox Foundation Wednesday for a back-to-school shopping spree for 250 Red Sox Scholars at the retailer's pop-up shop in Faneuil Hall Marketplace. Doors opened exclusively for the lucky students, who each received a \$100 gift card. The Red Sox Foundation provides mentoring, activities and college scholarships to local Boston public school students through their Scholars program. **J. NICOLAUS CZARNECKI, METRO**

Boston. Obstruction suspect to change plea

A friend of accused Boston Marathon bomber Dzhokhar Tsarnaev on Thursday was expected to change his plea to guilty on obstruction of justice and conspiracy charges, federal investigators announced Wednesday.

Dias Kadyrbayev, a 20-year-old Kazakh national, is accused of trying to protect Tsarnaev in the wake of the deadly April 15, 2013 bombings by removing a backpack filled with empty fireworks, a laptop, Vaseline and a hard drive from Tsarnaev's dorm room at the University of Massachusetts Dartmouth and disposing of the items.

The change of plea hearing was set for 2 p.m. Thursday in federal court in Boston. His lawyer confirmed to ABC News that Kadyrbayev intended to plead guilty, but wouldn't say whether he would admit to one or both charges. It is unclear whether prosecutors and defense attorneys have agreed on a joint sentencing recommendation.

Previously convicted

Last month, a mutual friend of Tsarnaev and Kadyrbayev, Azamat Tazhayakov, was found guilty of obstruction charges after helping Kadyrbayev get rid of Tsarnaev's belongings. Unlike Kadyrbayev, Tazhayakov never touched the items.

- Tazhayakov faces a maximum 20-year sentence on the obstruction charge, and up to five years on the conspiracy charge. Sentencing is scheduled for Oct. 16.

Kadyrbayev's trial was due to begin on Sept. 8.

Tsarnaev, 20, is awaiting trial in the terror attack, which killed three people and injured 264. He is also charged with the murder of MIT police officer Sean Collier. He has pleaded not guilty to a slew of charges, including using a weapon of mass destruction.

MORGAN ROUSSEAU

who is David?

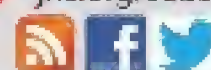
who is Goliath?



There's no lack of media coverage on Israel, the Middle East's sole democracy with civil rights and a free press. What is lacking is objective coverage. This tiny Jewish nation, the size of New Jersey, with less than eight million people, a quarter of them non-Jewish, generally receives inaccurate, harsh, even hostile coverage from the world's press.

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Boston. Ebola preparations continue despite low risk of local outbreak

Health officials say they believe a local Ebola outbreak is unlikely, but that isn't stopping them from amping up their lines of defense.

The Boston Public Health Commission met with medical officials on Wednesday to discuss plans that are underway to protect the public if an Ebola case is suspected in Boston, which is a bustling hub of international travel.

"We want a well-coordinated plan in place in the event a case of [Ebola] is found in the city," said Dr. Barbara Ferrer, executive director of the commission.

West Africa is in the midst of the worst Ebola outbreak on record, having claimed 1,200 lives so far. Though the outbreak initially sparked some hysteria in the U.S., education about the virus has seemed to ease some local fears.

"I think people have gotten more reliable information," said Dr. Anita Barry, director of the commission's Infectious Disease Bureau. "When



Public health advocates stage an Ebola awareness and prevention event on Aug. 18 in Monrovia, Liberia. / GETTY IMAGES

Taking action

Health officials said they will:

- Monitor for and detect suspected cases early so that response measures can be implemented
- Perform outreach in the community to raise awareness about Ebola

people hear about something that they don't know anything about, they tend to feel that they have no control. It's helping to get accurate information out, and letting people know that the risk is very, very low."

The virus is spread when a person comes in contact with the bodily fluids of an infected person. Health officials are emphatic that the virus is not spread through the air or water. **MORGAN ROUSSEAU**

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Obama condemns beheading, US strikes ISIL militants in Iraq

Islamic State. After the president vowed to protect U.S. citizens, the Pentagon verified 14 air strikes in Iraq.

President Barack Obama expressed revulsion on Wednesday at the beheading of an American journalist by Islamist militants and vowed the United States would do what it must to protect its citizens as international condemnation of the insurgents grew.

Not long after Obama called Islamic State a "cancer" with a bankrupt ideology, the Pentagon said U.S. aircraft conducted 14 air strikes in the vicinity of Iraq's Mosul Dam, destroying or damaging militants' trucks and explosives.



A screen grab of the video. / YOUTUBE

Attempts made

US tried, but failed to rescue Foley, hostages

The U.S. military earlier this year carried out an attempt to rescue James Foley and other American hostages held in Syria, a U.S. official said Wednesday, in an operation that the Pentagon said ultimately failed to find the captives. **REUTERS**

Islamic State posted a video on Tuesday that purported to show the beheading of journalist James Foley in revenge for U.S. air strikes in Iraq.

U.S. officials said on Wednesday that intelligence analysts had concluded that the video, titled "A Message to America," was authentic. It also showed images of another U.S. journalist, Steven Sotloff, whose fate the group said depends on how the United States acts in Iraq.

Obama called the beheading of Foley "an act of violence that shocked the conscience of the entire world" and said the militants had killed innocent civilians, subjected women and children to torture, rape and slavery and targeted Muslims, Christians and religious minorities. **REUTERS**

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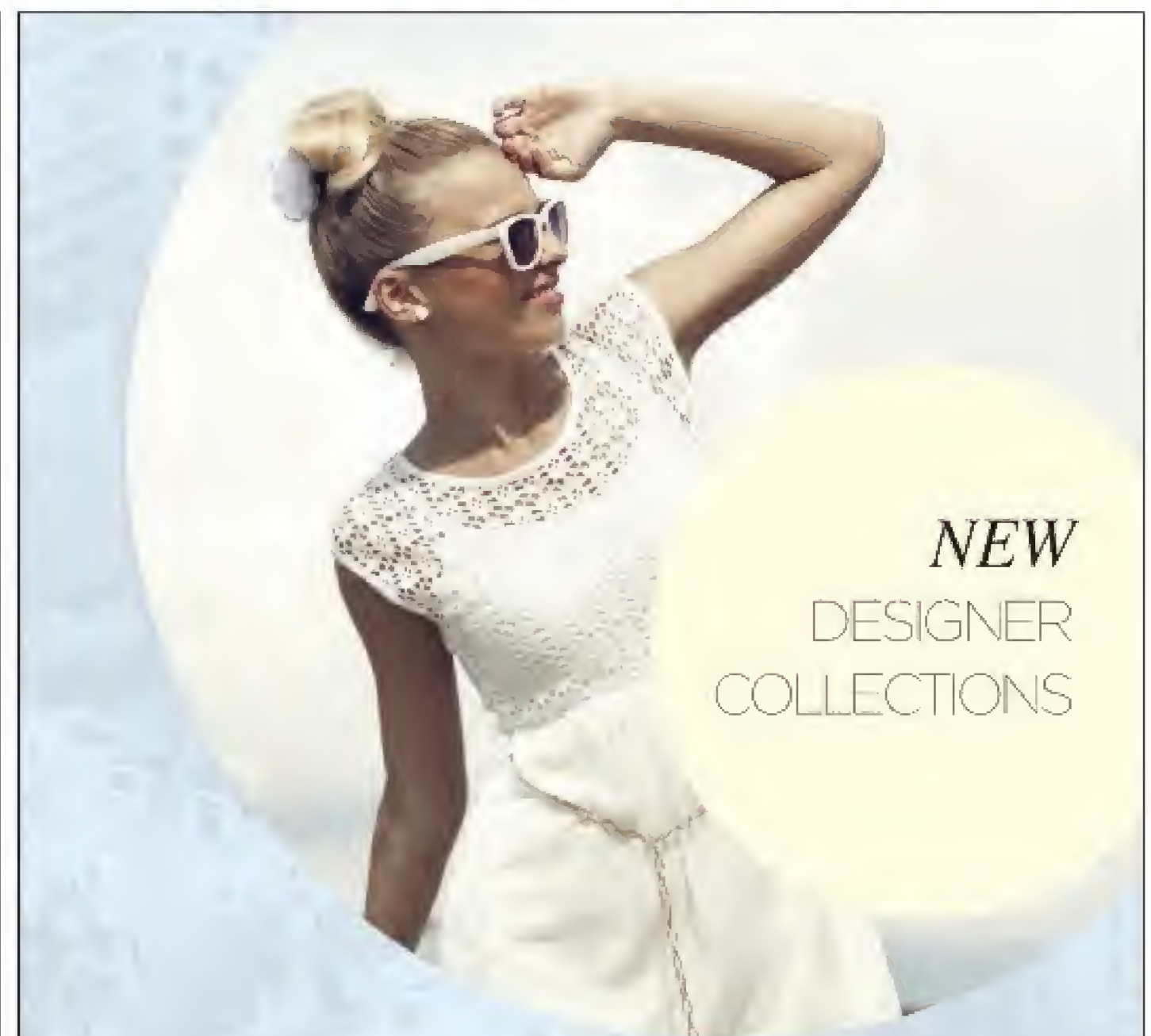
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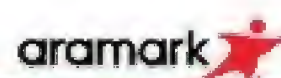
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NEWS

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Opinion

TOM
FOREMAN

POLITICAL CORRESPONDENT
FOR CNN



CNN = POLITICS

COLD AND WET FOR A GOOD CAUSE

Quoted

"According to the ALS Association, donations for the first 20 days or so of August last year amounted to \$1.9 million. This year, the same period produced \$31.5 million."

afternoon and then go to a fancy dinner packed with wannabe altruists and none of it will help a damn thing unless somehow all those good thoughts are turned into action.

So when a friend sent the #ALSicebucketchallenge my way, I had a decision to make. Would I join the parade or stand on my principles against false, feel-good preening? Then I did a little research and found, much to my surprise,

that this is the real deal.

According to the ALS Association, donations for the first 20 days or so of August last year amounted to \$1.9 million. This year, the same period produced \$31.5 million and almost 638,000 new donors. What's more, people all over the country are presumably asking (at least I hope they are): What is ALS? In clinical terms, it is a disease that attacks nerve cells and killing muscles, leading to paralysis and eventually death. In human terms, it is just awful.

I'm not a big "cause" guy, and I virtually never ballyhoo publicly for such things. But this particular movement has real momentum, and if all that money can be turned into real action to help researchers find a cure, that really matters. So I donated, and yeah, I got all wet (the proof is on my FB page; check it out). I hope you do, too.

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END

Interview. After nearly a decade, Jessica Alba returns to play a vengeful stripper in "Sin City: A Dame to Kill For."

Jessica Alba has gotten used to vague phone calls from director Robert Rodriguez, the Austin-based auteur who has made a habit of putting Alba in his films. "He calls me up and he is like, 'Can you come shoot this little thing?' And I'm like, OK, what is it?" "Well, it's just this little movie, just come down just for a couple of days," Alba says. "That is just what he does, and I am there. I show up every time because it is so inspiring to be in his world, his universe."

"Sin City: A Dame to Kill For" marks Alba's fifth visit to Rodriguez's universe and her second time taking on Nancy, a hard-luck stripper with revenge on her mind. One thing she's learned from her time working with Rodriguez is that he's not big on giving her a head start, so she has to take matters into her own hands. "They snuck the script to me," she says. "I knew Robert was going to call me on Monday and ask me to show up on Thursday and I wouldn't have any time to prepare."

And it's a good thing she did get her hands on it. "I saw that throughout the script I was in all these dance sequences and she is in different disguises, and so I was like, 'I have to learn how to dance different, this is going to be great.'" Alba remembers. "So I worked with a choreographer, I put together



Jessica Alba plans her revenge in "Sin City." / THE WEINSTEIN COMPANY

Quoted

"If a guy took me on a date to see this movie, I would marry him for sure. Badass chicks, rad dudes who are sexy all over the place and so much cool action."

Alba, on "Sin City: A Dame to Kill For"

costumes and all these wigs and stuff. So I was prepared. And I worked with an acting coach to kind of get in that headspace. I am a mom, I have two kids, I run a company. I am not like this, you know, drunk stripper girl. So I needed to work on it."

And while the "Sin City" series might seem geared toward a male demographic, Alba insists

there's plenty there for the ladies. "It is actually very powerful for women. I bizarrely think this is the perfect date movie," she says. "Like if a guy took me on a date to see this movie, I would marry him for sure. Badass chicks, rad dudes who are sexy all over the place and so much cool action." It's a shame she's already married, though.



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EVA GREEN
GETTY IMAGES

Tough talk. Director Robert Rodriguez and Eva Green dish on the skin (or lack thereof) in 'Sin City'

In making a Hollywood-friendly adaptation of Frank Miller's gritty "Sin City" graphic novel series, Robert Rodriguez learned that some things have to go — namely some fan-favorite nudity. Case in point: Jessica Alba's character Nancy, a stripper who is very clothing-averse in the comics. In the film world of Sin City, though, some strippers keep their clothes on.

"You couldn't even find an actress of the caliber of what you want that would consider doing that," Rodriguez says. "I knew Jessica wouldn't do topless, but I wanted her. I could have gotten someone who looks just like the photo but can't act, or we could get Jessica and we could cover



Miller, left, and Rodriguez direct Mickey Rourke. / THE WEINSTEIN COMPANY

Quoted

"The green screen around you while you're in your tiny thong, it's not that sexy. So you trust the vision." Eva Green, on nudity

her up."

It's only a little awkward, of course, that Rodriguez is saying this while sitting near another of the film's stars, Eva Green, who has no problem going topless — and even sparked some controversy with a revealing poster for the

film. "You always feel quite vulnerable when you're naked on the set, and you feel quite silly actually," Green says. "The green screen around you while you're in your tiny thong, it's not that sexy. So you trust the vision, and that it looks stunning."

But Rodriguez is more than satisfied with the nipple-free result of Alba's performance — especially since a lot of fans apparently let their imaginations fill in the blanks. "Some still think she was naked because she does it so sexy, and some things were exposed," he says. "They ask her about the nudity all the time with the first one. There wasn't any nudity. It was all in your mind." NED EHREBAR

2

CULTURE

The creator

Frank Miller on Jessica Alba

Of all the intense characters in the "Sin City" universe, vengeful stripper Nancy, played by Jessica Alba, might be series creator Frank Miller's favorite — thanks to Alba's performance. He's found it so inspiring that he's eager to get to work on a third film.

"The original working title for Jessica's story was 'Nancy's Last Dance,' because she had been the abused victim, she had been through the wringer, and she had ended up as many women in her situation do, which is an exotic dancer," Miller says. "This time, she turns into something quite else. And I've already got her next chapter planned, so please show up for the second movie."



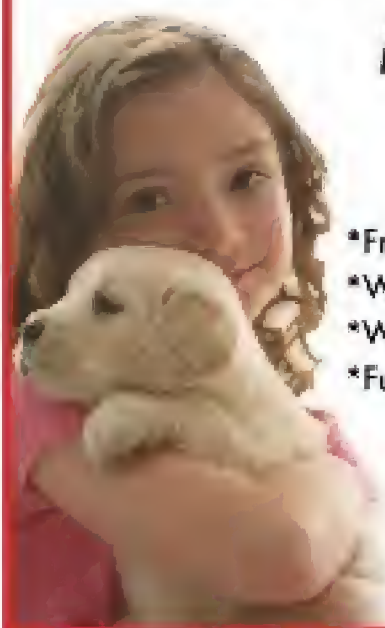
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TELEVISION

10



Peter Capaldi takes over as the Doctor this Saturday at 8 p.m. on BBC America. / RAY BURNISTON

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Season 8. The cast and showrunner give us a road map to the intergalactic joyride.

Is the Doctor technically "back" if he's new? The eighth season of the British sci-fi series about the Time Lord who travels in a blue telephone booth begins this Saturday, and there's a new man at the TARDIS controls: Scottish actor Peter Capaldi.

We caught up with him, co-star Jenna Coleman (the Doctor's companion, Clara Oswald), and showrunner Steven Moffat during the New York City leg of their worldwide press tour to find out what's in store.

No references

Capaldi guest-starred in a previous episode, but Moffat said there won't be any nudge-nudge nods in the series. "Frankly, the reason the Doctor looks like another character in 'Doctor

Who' is because he's played by the same actor, and everybody knows that. If you go down that path, I'll be explaining why John Watson looks like Bilbo."

Plot imitates life

Coleman said Capaldi threw "about a thousand options at the wall" while regenerating into Twelve — and it's not the first time she was surprised by him. "Especially in the early days when Peter was finding his Doctor, [I] would say, 'Actually, no, I'm just gonna stand here.' It's that thing where instead of going to the

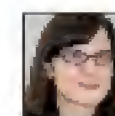
room, the room was coming to him. And I feel like he was really bold and brave."

In good hands

"Doctor Who" has been part of Capaldi's life since he was 5. He grew up idolizing the actors who portrayed the role, even more than his contemporaries on the stage and screen. "Every day, it's like, it's full of moments that you go, 'Oh, wow, I'm the Doctor, this is amazing!' But think of the first time you make your escape through a ventilation shaft! It's quite special."



Visit **Metro.us** for a spoiler-free review of Capaldi's first episode.



EVA KIZ
@thisiskiz
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Creativity

Fan response

Moffat revealed that the new title credits for Season 8 — in which gears morph into planets — was created by a fan who put his work on YouTube. "We give [fans] a show and they give us our show back, sometimes better. It has turned people into actors, it has turned people into writers, it has turned people into scientists. That's an extraordinary thing."

Meet the Doctors. One man, but new every time

Christopher Eccleston



Nine was running from something he'd done. In a bad-boy black leather jacket with the similarly adrift Rose Tyler by his side, he lived for the moment, enjoying the world he'd saved with a companion who wanted to see it all.

David Tennant



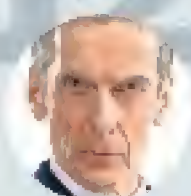
Having decided to redeem himself by focusing on the good he could do in the galaxy, Ten earned a reputation as a protector but could be vindictive. This is also the Doctor known for his love — sometimes literally — of humanity.

Matt Smith



One of the most iconic Doctors (his instantly fashionable bow tie and "Geronimo!" catchphrase didn't hurt), Eleven was boisterous and only reluctantly dealt with villains after failing to charm them.

Peter Capaldi



Twelve is charming but manipulative, abrasive one moment and tear-jerkingly compassionate the next. Without the emotional baggage of his predecessors, he is a wild card. **EVA KIZ**

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TELEVISION

12

Host

VMA's: Lucy Hale (pre-show)

Emmys: Seth Meyers

And the winner is: Emmys
Quick: Name the most memorable thing about Seth Meyers' stint on Weekend Update. Did you name Stefan? Because that wasn't technically him. We're thinking the same policy will apply to his Emmy hosting. If something crazy happens, it's going to be Seth Meyers-adjacent rather than Seth Meyers. But he is friends with a lot of very funny people, so we have high hopes. Also, the Emmys wins this category because the VMAs don't technically have a host. "Pretty Little Liars" star and aspiring country singer Lucy Hale hosts the red carpet.

Presenters

VMA's: Demi Lovato, Lorde, Jason Derulo, Laverne Cox, Nina Dobrev

Emmys: Amy Poehler, Matthew McConaughey, Woody Harrelson, Bryan Cranston, Zooey Deschanel, Andy Samberg, Julia Roberts and more

And the winner is: Emmys
As far as presenters go, the Emmys makes the VMAs look JV. Look at the star power there! Plus, most of the TV actors seem natural reading off of a teleprompter. Fingers crossed that Matthew McConaughey wears a customized fanny pack to fully bring that weird fashion accessory back.

The VMAs vs. The Emmys

MTV's Video Music Awards and television's biggest night are both taking place in the next few days, so we take a look at how the two shows stack up against each other.

BY USA WEIDENFELD AND PAT HEALY



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GETTY IMAGES

BEYONCÉ PERFORMS
AT THE VMAS ON SUNDAY
AT 9 P.M. ON MTV.

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Potential for scandal

VMA's: While not usually controversial per se, Beyoncé needs to do something big to distract everybody from those pesky rumors of domestic distress.

Emmys: Kate McKinnon is nominated for outstanding supporting actress in a comedy series, where a victory for the "SNL" star could be a big upset over Julie Bowen for "Modern Family."

And the winner is: VMAs
Kanye ever interrupted the Emmys? Miley ever gotten busy with a foam finger at the Emmys? Howard Stern ever donned a Fort-Man costume at the Emmys? Nope! VMAs takes it.

Best speech

VMA's: With a total of eight noms, Beyoncé is also scheduled to perform and receive the Michael Jackson Video Vanguard Award, so she's obviously been practicing some "thank you" moments in the mirror.

Emmys: Julia Louis-Dreyfus always does something hilarious when she wins — last year she had Tony Hale accompany her as his "Veep" character, whispering in her ear about who to thank.

And the winner is: Tie!
At the VMAs, outspoken musicians will likely address the unrest in Ferguson in interesting ways. And with a Robin Williams In Memoriam segment scheduled at the Emmys, there won't be a dry eye in the house.



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The truth about men's skincare



Yup, it's time to exfoliate. / PIXLAND

Every year, you spend a small fortune on fancy face washes, eye creams, scrubs and serums while the dude in your life reaches for the green bar of soap on sale. It's time for a change. We spoke to Dr. Harold Lancer — famed dermatologist to celebrities including Kim Kardashian, Oprah and Ryan Seacrest — to find out how men can step up their beauty routines.

School them

"The majority of men are lazy. You have to get them to wash their hands in the restroom for crying out loud," says Dr. Lancer. His solution: Drill them with the knowledge you've picked up from years of devouring women's magazines.

"For men, usually whatever's in the shower is good enough. So whether it's bar soap in a cheap hotel or fancy stuff in a salon, men will just use it. They need to be educated on the importance of grooming."

Exfoliate, exfoliate, exfoliate

Even though the anatomy of male skin is different, when it comes to daily skincare it requires the same maintenance as a woman's, says Dr. Lancer. This means starting with a good scrub.

"The first step is, men need to exfoliate, just like women do, on a daily basis," he says. "Then there's an increased blood flow to the skin, [and] the skin sheds its outer layer and replaces it with newer skin." A bonus: "Since men often wash in the shower, as opposed to a sink, it's even easier for them to use an exfoliant first."

Go ahead and share products

"It's a total fantasy that male and female products need to be different," says Dr. Lancer. "Most women want unscented, high-quality skincare products, and those are the same products that work on men."

But if what's sitting on her bathroom shelf just looks or smells too feminine for you, try Dr. Lancer's skincare line, or see our list below for products made specifically for dudes.

Your new daily routine

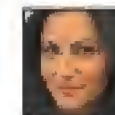
Grooming. The beauty routine every guy needs to follow.

Don't forget the eyes

- "Eye cream is critically important because the eyelids show age first," says Dr. Lancer. "Very few men want eyelid surgery. So use eye creams to keep that skin preserved."

Men's grooming is on the rise

"When I started my private practice in 1983, there would be one male patient for every two or three hundred female patients," says Dr. Lancer. "In the last five years, it's now two out of 10. Twenty percent of the new patients



TINA CHADHA
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Editor's picks

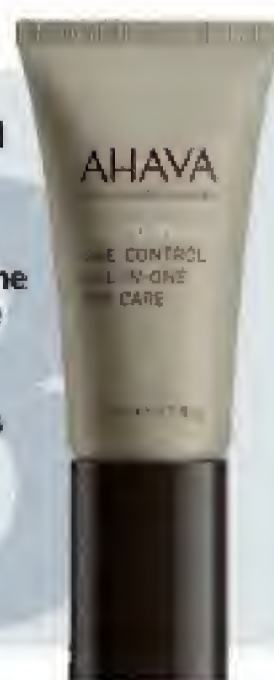
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Dogs can feel jealousy too

Study. A new report finds that your pooch may not like you spending too much time with other beings.

Dogs are man's best friend, and research released last month says canines want to keep it that way.

Dogs are capable of feeling a basic form of jealousy, according to a study published in the PLOS ONE scientific journal.

The research, said to be the first experiment on canine jealousy, could redefine the view that the complex emotion of envy is a human construct, said Christine Harris, University of California, San Diego psychologist and an author of the study.

The owners of 36 small dogs were asked to do three things in the test — shower affection on a plush animatronic dog, shower affection on a plastic jack-o-lantern pail and read a children's book aloud — while ignoring their pet.

Roughly 80 percent of the dogs pushed or touched their owner when they were coddling the toy, almost twice as often as when the owner played with the pail and about four times as often as when

Quoted

"We can't really speak to the dogs' subjective experiences, of course, but it looks as though they were motivated to protect an important social relationship."

Harris

the owner was reading.

A quarter of the dogs snapped at the toy, which barked, whined and wagged its tail while the owner was playing with it. One dog snapped at the pail and the book.

The research, based on a similar study to gauge jealousy in infants, suggests dogs and possibly other animals exhibit a primordial form of the emotion. Researchers said jealousy may have evolved as a way for paired animals to protect their sexual relationships or for baby animals to compete for food and affection from parents.

So what was the point of the study? Understanding jealousy is an important scientific task, the researchers wrote, noting that jealousy is often considered a cause of homicides across cultures. **REUTERS**



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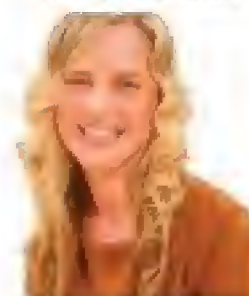
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To selfie or not to selfie, that is the question

Walking down the street in downtown Los Angeles recently, I noticed a man on a Harley pull up and park about 20 yards in front of me. He took his time getting off his bike, removing his helmet and adjusting his leather. His long hair was back in a ponytail; he had a full handlebar mustache and tattoos cascading down both arms.

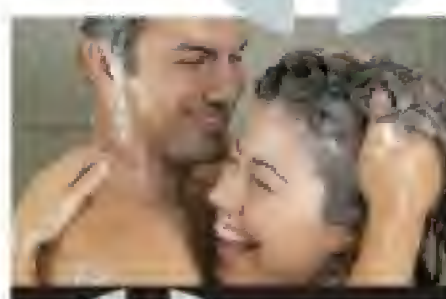
A mere 10 feet from him, I observed this rough-and-tumble, travel-seasoned rider recline on his bike, pull out a sign that says, "LA, bitches!" and put on the cheesiest open-mouthed smile as he pulled his iPhone out and took a selfie. Clearly, no one is immune.

A sign of insecurity

Selfies aren't just the quintessential example of narcissism; they are a statement that says both "Look at me and what I'm doing!" and "Give me lots of compliments on how awesome I am because of what I'm doing." In short, it reeks of insecurity. In fact, the reason it's called a selfie is that the person taking it is actually alone.

Think about it: You take a selfie because no one is there to take a picture of you. You are by yourself — maybe doing something great, maybe doing something mundane — but you have no one to share it with, so you share it with people you

Up: Affair-proof your marriage by spicing up your sex life! Get out of the house and wear clothing that draws them in, not the usual sweats.



Down: Many couples tend to settle in on a few routines in the bedroom. This is one of the most common contributing factors to married people having affairs.

might know or barely know online.

Why do we take selfies?

It's more than just attention that we're seeking; it's validation. But in today's "look at me" world of instant gratification, we post pictures of ourselves, taken by us, in a vain effort to feel good about who we are and what we are doing; in essence, to be viewed by others as important. The saddest part is that we are seeking acknowledgement and a self-esteem boost from people who aren't there.



For exclusive commentary, visit Metro.us/blogs.

Social media warps our reality

The ego strokes we get from selfies and posts set an invisible, unintentional bar for our real-world relationships. We feel good when we get "likes" and "retweets," and our real relationships can start falling short.

Bottom line: Self-esteem doesn't come from a selfie. It comes from within. It comes from feeling good because you like who you are.

Real-world love advice

CHARLES J. ORLANDO

www.theproblemismen.com

Charles J. Orlando is a relationship expert and author of the best-selling book series "The Problem with Women... Is Men." Find out more about him on his website, or visit him on Facebook for real-world love advice.



What Orlando is into this week

You can't "go back" to an old relationship unless you want the same results. Going back to an ex means you're starting a new relationship with someone from your past.



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Metronomy are 'Love' struck

Hot tickets. The singer for this British band swears his personal life isn't in as much turmoil as the lyrics on their latest album might indicate.

Joseph Mount wants to know why everybody thinks there's something wrong with him. The singer for English electro-pop band Metronomy acknowledges that there are a few lovesick songs on "Love Letters," his band's latest album, but he insists he's not in relationship meltdown.

Your album is called "Love Letters," so have you ever sent one?

I have. Well, they were probably never sent, but I did used to write nice affectionate letters to girlfriends.

Were they handwritten letters?

Of course, yeah.

That's a rare thing.

It wasn't in my day [Laughs]. I used to have a girlfriend who lived quite a ways from me when I was living in Devon [south England] and we used to speak on the phone. I don't think we even had the Internet.

Are you a bit of an old romantic?

Yeah, I think so. You've got to do everything you can: Flowers, plants and dinner.

Have you ever written a girl a cheesy song in an attempt to



Mount, far right, insists he is always the one who does the dumping in a romantic situation. / GREGOIRE ALEXANDRE

win her back?

[Horrified laugh] No, I think that would be really horrible. Luckily I'm always the one who does the dumping.

You have the power.

Yeah [Laughs].

A lot of the interviews around "Love Letters" suggest that you must be having relationship problems because of some of the break-up lyrics.

Yeah, I know. Why can't they just take it as an album? It's mad, really.

So there's no trouble in paradise?

No, of course everything is fine. It's just a creative expression, like an artist might draw a naked man or woman.

"Love Letters" is being referred to as a "breakthrough." Does that add pressure on you to

perform?

[Laughs] Funnily enough, it does in a way. It doesn't add pressure on me but it does make the situation a bit more pressurized. It's already got to No. 7 in the [British] charts and it's selling really well. If breakthrough means we're going to get played on BBC Radio 1, then I don't think it's going to be a breakthrough record. But you do get closer to holding the badge of being known as an English band.

Bonus question

Another term that's been used to describe you is "control freak." Do you struggle to let go?

Well, yeah and I don't really let go [laughs]. Up until now I've decided that I'm self-producing. To that end I'm not going to let go of anything. By now I feel au fait with a studio and I know the best way to do things. I'm not like Phil Spector holding a gun to someone's head. I'm like a leader in a situation.

If you go

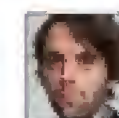
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Each record we're getting closer to being part of the establishment.

Is it important to keep that Englishness at the core of your music?

The more I experience American attitudes towards English music, the more I want it to be English.



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Kiesza

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Oct. 24, The Orpheum

The Jayhawks

Oct. 27, the Somerville Theatre

Circa Survive

Nov. 5, House of Blues

Waxahatchee

Nov. 6, Arts at the Armory

Lucero

Nov. 7, The Sinclair

Wolfmother

Nov. 21, The Paradise

B.o.B.

Nov. 22, House of Blues

Flosstradamus

Dec. 9, House of Blues

Attila

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Also onstage

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www.cafe939.com
Bios describe this British Columbian band as creating "an atmosphere of psychedelic unease," and that's not wrong in regard to their edgy side, but there are plenty of expansive, ecstatic moments in their music as well. Vocalist Casey Mercer fuses these tensions between paranoia and euphoria in his untamed, dramatic singing. **MATT DINAR**

Also onstage



Tim DeLaughter, center, sits down with Pat Healy on Sunday night at 9:30. Visit www.metro.us/music/polyphonic to find out more info and to watch the webcast. / SHOREFIRE MEDIA

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\$18, 800-745-3000
www.ticketmaster.com
Yes, we profiled this big band last week, but what we didn't share was that they'll also play an invite-only show at RedStar Union in Kendall Square on Sunday and speak to Metro music editor Pat Healy for a live webcast. If you want in on the show, follow @metroUSmusic on Twitter and tweet why you want to be there. We'll choose our favorite responses.

AN ACOUSTIC EVENING WITH

JASON MRAZ

AND
RAINING JANE



SEPTEMBER 12 & 13, 2014

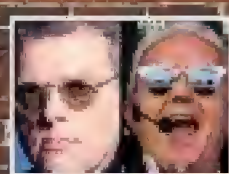
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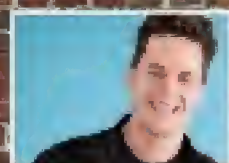
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THOMPSON TWINS • TOM BAILEY • HOWARD JONES
AUGUST 24



JIM BREUER
AUGUST 30



JEFF BRIDGES & THE ABIDERS
SEPTEMBER 3



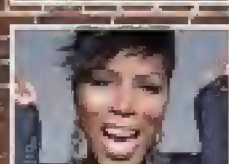
MAZ JOBRANI
SEPTEMBER 6



FRANK SANTOS JR.
SEPTEMBER 12



LEO KOTTKE
SEPTEMBER 18



SOMMORE
SEPTEMBER 19

FOR TICKETS AND INFORMATION
PLEASE VISIT WWW.THEWILBUR.COM

The weekly Yelp:

Dog days of summer

Bark Place

1721 Washington St., The South End
If you love your dogs, don't leave them home while you go off to work, bring them to Bark Place! They offer multiple pet services including doggie day care. The owners and staff are friendly and professional, and treat your dog as if it were their own. We've been bringing our dog there weekly for four years and there has never been an incident that would raise any concern as to the level of care they provide for our pup. **MICHAEL T.M.**

Yelp has been connecting people with great local businesses since 2004. Sign up for weekly emails at Yelp.com



Come for the biscuits, stay for the pork belly

Quoted

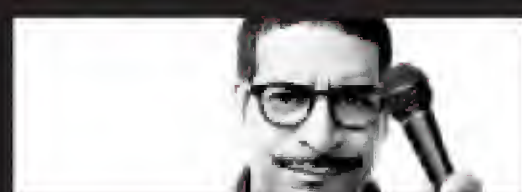
"I'm sorta constantly craving new types of food and new experiences. ... We had a phrase in our house that was, 'You don't have to like it, you just have to try it.'"

Faison, on growing up



Visit Sweet Cheeks at 1381 Boylston St. Head online for more information at www.sweetcheeksq.com. / SWEET CHEEKS

THIS WEEK



ERIK GRIFFIN
"Workaholics"
Aug 21-23



KEITH ALBERSTADT
Last Comic Standing
Aug 28-30



ALONZO BODDEN
Last Comic Standing
Sept 4-6

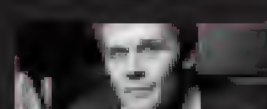
FALL PREVIEW



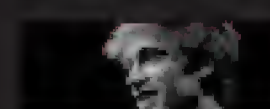
MITCH FATEL
Sept 11-13



ORNY ADAMS
Sept 18-20



CHRISTIAN FINNEGAN
Oct 2-4



DANIEL SLOSS
Oct 2-4
@ 11:55PM

Short walk from South Station, plenty of parking

For tickets and information please visit
laughboston.com or call 617.72.LAUGH



425 Summer Street at the Westin Hotel in Boston's Seaport District

Hot Chef. Sweet Cheeks chef Tiffani Faison brings a little southern barbecue flavor to a chowder-obsessed city.

Chef Tiffani Faison calls herself an "army kid" and spent her childhood living in a wide range of places, from Oklahoma to Germany. But these days, she calls Boston home, and the city reaps the benefits. Faison runs Sweet Cheeks, one of the finer barbecue joints in the city. She's also been a contestant on "Top Chef" and will be appearing on "Top Chef Duels," which airs Wednesdays at 10 p.m. on the Food Network. We chatted with her about what you should order at her restaurant and where her favorite place to eat in town is.

Does having grown up in a variety of places influence your taste?

I think it makes you really open to everything. I'm sorta constantly craving new types of food and new experiences, and so I think it just opens you up. We had a phrase in our house that was, "You don't have to like it, you just have to try it."

Q&A

What do you like about being on reality TV?

It's a learning experience every time. For me, it's a really personal experience. As public as it is, it's a lot about learning who you are and how you're growing in your career. Both personally and also technically, it's really interesting. I'm kind of a competition junkie. I leave them and I'm like, "Ahh, I'm never doing that again," and then they call, and I'm like, "Hmmm, OK!"

You go to someone's home when you're invited in when you're in a different country or a different state, and you can't turn your nose up at anything.

What should someone who's never been to Sweet Cheeks try?

I think you're safe with anything — whatever speaks to you. Obviously, the biscuits are a big draw. We've become known for our biscuits. But I also think there are things that we do that are a little bit off the beaten path for a barbecue.

We do a smoked short rib. We do pork belly that's pretty awesome. So it just depends on what speaks to you. If you're a really classic barbecue fan, you want to go in and have a pulled pork sandwich, you can do that too, but I really think that you're in good hands with anything.

What's your favorite area restaurant to go out to?

That is hard. Right now, probably Sarma. Cassie's just killing it. The food is so good. I think Ana and Cassie [Sortun and Piuma, respectively, also of Oleana] are probably the best team in Boston right now. I just think that they're incredible in terms of the flavors of their food and what they do. No one does it as well as they do. They understand those flavors so well and they execute so well.

What do you eat at home?

It depends. I usually keep it pretty simple when I'm at home. Typically, whatever my wife wants to eat that night. We do a lot of Mediterranean stuff, try and keep it lighter.

So it's up to your wife?

Yep. Happy wife, happy life.



LISA WEIDENFELD
@LisaWeidenfeld
lisa.weidenfeld@metro.us

VARIETY

Calamity No. 7

Friday, 8:30 p.m.
Third Life Studio
33 Union Sq., Somerville
\$10, calamitycodance@gmail.com
www.calamitycodance.com
Calamity Co. Dance presents another one of their "modern and pop Art variety shows," with music, dance, comedy and visual art in a community-centered environment that seeks to loosen the performer-audience barrier. This month's guests include Zayde Buti, Matt Chaves, Katie McGrail and Audrey MacLean and McKersin Previlus and Marissa Molinar. As always, there's a discount if you bring a snack.

ART

Ulterior Motive:
The Cartoons of
James Crane

Through Sept. 29
Boston University School of
Theology
745 Comm. Ave., Boston
Free, 617-353-1323
www.bu.edu/sthlibrary
This exhibition collects cartoons from the '50s and '60s by James Crane, originally published in a variety of Christian theological magazines. Despite the faith-based nature of his publishers, his often deceptively simple visual commentaries on the social, technological and ideological labyrinth of modern life have much to say to believer and non-believer alike.

MUSIC

Berklee American
Roots Music Series

Monday, 8 p.m.
Club Passim

THEATER

'Carnaval
Del Mundo'

Thursday, 7 p.m.
East Cambridge Savings Bank
(parking lot)
1310 Cambridge St., Cambridge
Free, 617-349-4380
www.cambridgema.gov/arts
Masterminded by puppet wizard Dan Butterworth, this is a unique puppet show recreating the colorful, festive and slightly spooky atmosphere of a carnival. Butterworth's marionettes are highly complex and realized, with 16 moving parts and 18 strings — even the stage, we're told, is really an enormous puppet. It looks to be a rare and beautiful visual experience.

MUSIC

Boston
Urban Music
Festival

Saturday, 2 p.m.
City Hall Plaza, 1 City Hall Plaza,
Boston, Free, www.bostonurban
musicfestival.org
This free outdoor concert is now in its fifth year of showcasing the best hip hop/R&B Boston has to offer, plus a little imported talent. The roster for 2014 includes Talib Kweli, Clinton Sparks, Shea Rose Dutch Rebel, the Berklee J Dilla Ensemble, Latrell James and break-dance troupe the Floorlords — and there are plenty more where they came from. And did we mention it's free? It's definitely a better deal than the returning Boston Calling festival, which will take over the City Hall Plaza space Labor Day weekend.



PROVIDED

47 Palmer St., Cambridge
\$5-\$10, 617-492-7679
www.clubpassim.org
This evening promises a wide range of American roots styles, including blues, gospel, folk, early country music, bluegrass, cajun, western swing, polka and Tex-Mex. There's no word on the lineup yet, but we trust the music experts at Berklee to curate a nice selection, and besides, roots music isn't about "rock stars" — it's about tradition, and with tradition everyone stands on giants' shoulders.

LA Font

Friday, 8 p.m.
Great Scott
1222 Comm. Ave., Allston
\$8, 21+, 800-745-3000
www.ticketmaster.com
Los Angeles band LA Font's sound mixes the surf-punk sound that's still going strong in indie rock with a

strong influence from Pavement and other shambolic '90s "slacker" bands. Singer Jon Perry has a lot more life in his voice than the often bored-sounding surf-punk kids, and the band has a restless creativity, seemingly never writing the same song twice.

The Field Effect

Friday, 9 p.m.
T.T. the Bear's Place
10 Brookline St., Cambridge
\$10, 18+, 866-777-8932
www.ticketweb.com
There's always room in the ever-more-crowded rock universe for some good old power pop, and that's what local band the Field Effect delivers in spades, dishing out catchy riffs, melodies, start-stops and chorus explosions like it's their job — because it is. The moody sound of openers Midnight Masses, featuring former Trailer of Dead members, is also

worth checking out.

THEATER

'Pygmalion'

Friday through August 30
Arsenal Center for the Arts
321 Arsenal St., Watertown
\$10-\$25, contact@flatearththeatre.com
flatearth.ticketleap.com
Flat Earth Theater presents George Bernard Shaw's Victorian riff of an ancient Greek myth, in which a professor, Henry Higgins, attempts to "re-mold" a lower-class girl for high society. Devon Jones' adaptation, intriguingly, adds a racial dimension to the original's probing of social class barriers. Here, Higgins is a white man, and his "subject" a black woman. It's the season of Shaw, as new fall TV show "Selfie" is also based on the Pygmalion story, only with John Cho and former "Dr. Who" star Karen Gillan in the roles. See both, then debate the merits of television versus the stage.

COMEDY

Erik Griffin

Through Aug. 23
Laugh Boston
425 Summer St., Watertown
\$20, 617-725-2844
www.laughboston.com
Comedian Erik Griffin may be best known to audiences for his regular appearances as the far-too-competitive Montez on Comedy Central's "Workaholics." His stand-up riffs on identity, love and self-evaluation, with a healthy interest in skewering political correctness. He released his first comedy album, "Technical Foul: Volume One" last year.

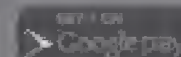
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Horoscope

♌ Leo | July 23-Aug. 22.

Keep your reputation intact by finishing what you start. If you focus on accomplishments, someone will recognize what you have to offer and be willing to pay for your services.

♍ Virgo | Aug. 23-Sept. 22.

Turn on the charm today. You will impress people with your ideas if you take the time to schmooze. Trying to force your opinions on others will slow things down.

♎ Libra | Sept. 23-Oct. 22.

Look over your shoulder. Someone will try to make you look bad or take advantage of you. Keep your eyes open to avoid being taken by surprise.

♏ Scorpio | Oct. 23-Nov. 21.

If you deliver your ideas with confidence, your communication skills will impress your business associates. A trip will be enlightening, rendering a decision easier to make.

♐ Sagittarius | Nov. 22-

Dec. 21. Make your own decisions. Don't let someone else's opinion deter you from going where you need to go or doing what you want. Keep an eye on your wallet and valuables.

♑ Capricorn | Dec. 22-Jan. 20.

Partnership worries will surface. Avoid getting into a battle of wills just because you don't share the same ideas. Agree to meet halfway.

♒ Aquarius | Jan. 21-Feb. 18.

Researching a matter that appeals to you will help broaden your knowledge. Work-related issues will turn in your favor. Be vocal with your ideas.

♓ Pisces | Feb. 19-March 20.

Be careful not to overlook the youngsters in your life. You can get a whole new perspective on a situation if you listen to the innocence of a child's point of view.

♈ Aries | March 21-April 20.

You are likely to hear complaints if you have been neglecting your chores. Get caught up in order to leave more time to explore your own interests.

♉ Taurus | April 21-May 21.

Have some laughs today. Take a trip someplace novel, or just get together with special friends. A good time free from worries will make you feel refreshed and ready to conquer the world.

♊ Gemini | May 22-June 20.

Use your ingenuity to clear up pending legal matters. Someone will look to you for assistance. Be wise in your assessment of the situation.

♋ Cancer | June 21-July 22.

Focus on home, family and domestic matters. You can minimize personality clashes by keeping your thoughts to yourself. Sit back and listen. **EUGENIA LAST**

Letters

Take lessons from Churchill

The difference between Winston Churchill and President Barack Obama is enormous. When in 1940, near the beginning of World War II, England stood all alone against Nazi Germany, Winston Churchill rallied his people and led the war effort to continue despite their "war weariness." By contrast, Barack Obama has made no such visible effort. His style of leadership seems to be to "lead from behind" which means pass the buck or let someone

else lead. To the terrorists of the world this means cowardice or exhaustion and that is a clear invitation for them to move forward on their terrorist agenda.

ARTHUR HORN, VIA EMAIL

New brides don't need \$800 pots

Re: 'Oh, you should have!' (Metro, Aug. 20) Does anyone happen to remember that this paper's targeted readers are people living in the city? The

same people who want to extort money from smokers to pay for their children's educations because, once again, the public schools don't have any money because residents simply aren't paying their taxes? And now, your recommendation for a bridal registry is a cheese board that costs \$105? Salt and pepper shakers that cost \$30? A godd--n ring holder that costs up to \$48? Are you out of your minds? I am 30 years old, I live outside of the city, I have a good job and I pay my taxes. I'm also getting married in October. And never, ever in a million years would I

ask anyone to waste their hard-earned money on a \$275 plant holder and any of the other pointless s-- you recommended. People who are just starting out need realistic things. How about dishes, bath towels, pots and pans — you know, affordable, normal things? How about stores like Target and Walmart — you know, affordable, normal stores?

JENNIFER MATRONE, VIA EMAIL

letters@metro.us



Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

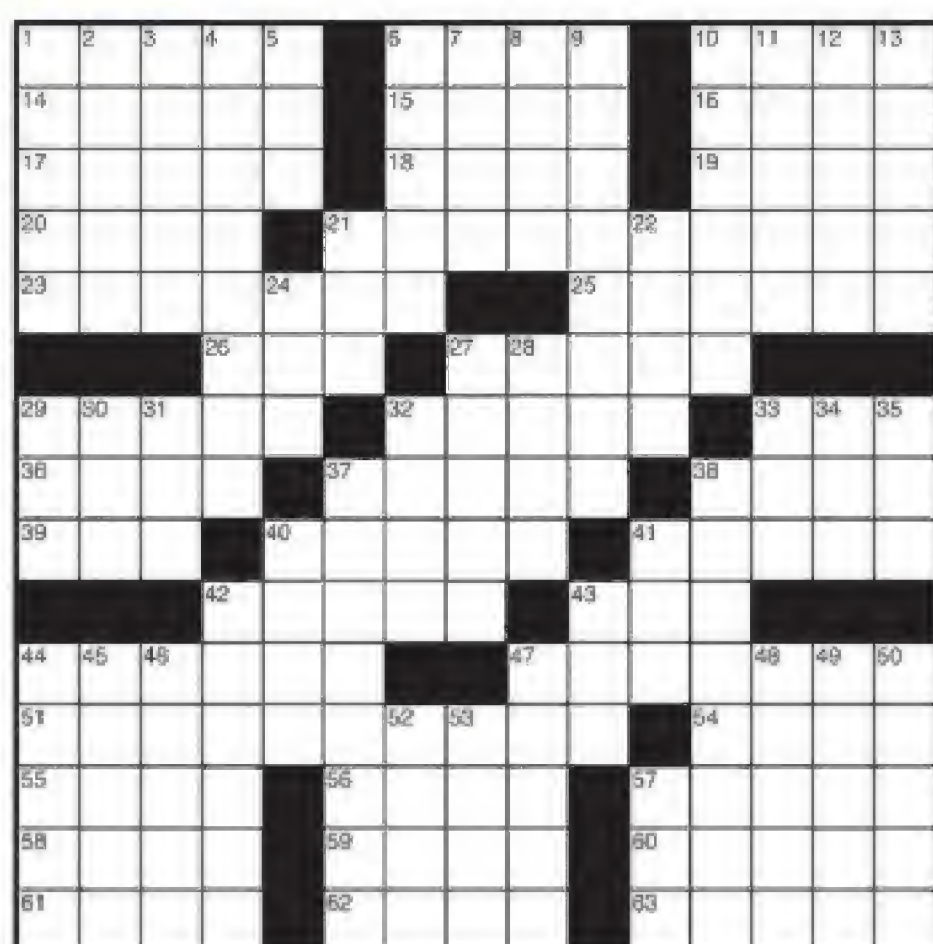
				5			6	
2		5		3				
					7	2	1	5
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		7				3		
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9	2	8	7					
				6		7		2
	3			8				

	9		4	1		6		3
					7		9	1
				8		4		
	1		3				8	
3		4				9		2
	5				1		4	
		1		7				
5	8		1					
9		7		3	8		5	

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword



Across

- 1 Pulls over
- 6 Beside oneself
- 10 Groom a poodle
- 14 Tooth type
- 15 French Legion headgear
- 16 Dog owner's shout
- 17 Ekberg of films
- 18 Cloudburst
- 19 Slow-moving beasts
- 20 Guns the engine
- 21 Picture portion
- 23 Quisling's crime
- 25 Makes like a snake
- 26 Chore
- 27 Egg protector
- 29 Cosmopolitan
- 32 Savory smell
- 33 JAMA readers
- 36 Castle, in chess
- 37 They curl your hair
- 38 Whining noise
- 39 Open meadow
- 40 Swatches
- 41 The thick of things
- 42 Davenport
- 43 Move jauntily
- 44 Addison's partner
- 47 Soft drink (2 wds.)
- 51 Boonies
- 54 Pumice source
- 55 Help with a heist
- 56 Trevi Fountain site
- 57 Saunter along
- 58 Icy coating
- 59 McClurg or Brickell
- 60 — nous
- 61 Singer — Ballard
- 62 Hoofed animal
- 63 Striped stone

Down

- 1 Chic
- 2 Copier ink
- 3 Relish tray item
- 4 "Wheel" host (2 wds.)



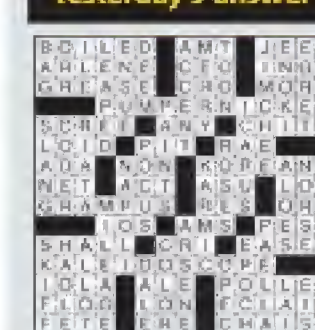
- 5 Mexican Mrs.
- 6 Goodyear's home
- 7 Backpacker's load
- 8 Mayberry kid
- 9 Cotton fabrics
- 10 Select
- 11 BMW alternative
- 12 Sherlock's lady friend
- 13 Hangs fire
- 21 Palm off
- 22 Beatles' "Meter Maid"
- 24 Hoss, to Ben
- 27 Wheat and corn
- 28 Silver and Howard
- 29 Web addr.
- 30 Unhatched fish
- 31 Python or wrap
- 32 Diva's rendition
- 33 Served, as time
- 34 TLC providers
- 35 Police dept. rank
- 37 Deduced
- 38 Speed (2 wds.)
- 40 — amandine
- 41 In vogue
- 42 Parlor piece

Visit us online at **Metro.us**.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.



Yesterday's answer



- 43 Physique
- 44 Swimming hazard
- 45 Fibula companion
- 46 Us, to Pogo
- 47 Deride
- 48 Tasty carbohydrate
- 49 Not hidden
- 50 Check endorser
- 52 Mineral deposit
- 53 Yves' girl
- 57 Drop — line

2014 FANTASY FOOTBALL GUIDE: IT'S A NEW GAME

A "zero-RB" draft strategy would have worked to perfection last season. Owners that passed on running back busts like Trent Richardson, C.J. Spiller and David Wilson laughed all the way to the bank as they rode safe receivers like Calvin Johnson and A.J. Green. So with the 2013 outcome as a backdrop, many are wondering if we're entering a new age in fantasy drafting—one where running backs take a backseat. Good idea? Nope. Here are three tips for drafting this year:

Back to the backs

Yes, running backs have the highest bust rates and get hurt the most. But they also have the most week-to-week consistency and are the scarcest position in fantasy, which is why the first five names on my personal board (and seven of the top-12) are all running backs. When it's time to go to the waiver wire in Week 4, we all know that receivers and quarterbacks will

Local picks

- **Rob Gronkowski:** If he plays 12 games, he's worth a second-round pick. Biggest risk/reward in fantasy.
- **Shane Vereen:** Savvy target in middle rounds for owners in point-per-reception formats.
- **Julian Edelman:** Clearly established as Tom Brady's No. 1 wideout. Plays ever single formation.

be readily available, while running back options will be almost nil.

Stick to your board

Now that we've established a lean toward running back, it doesn't mean we should stray from our board. The top two tiers of wideouts (along with Jimmy Graham) are incredibly safe and come with plenty of upside, and I'm OK

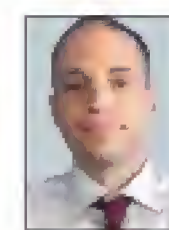


Eddie Lacy and the Packers offense should be dominant in the NFC this season. / GETTY IMAGES

with emerging from the first two rounds with zero RBs—especially in shallower 10- or 12-team leagues. We just need to be sure to get in on the Gio Bernard, Andre Ellington, Toby Gerhart, Zac Stacy, Shane Vereen types in Rounds 3-5.

Wait on QBs

Peyton Manning, Drew Brees and Aaron Rodgers are going to have great seasons. But they're not worth a first- or second-round pick when we can get Jay Cutler, Matt Ryan or Tony Romo in the ninth round. Quarterback is the deepest position in fantasy; we only start one of them a week and they sustain health better than the other positions. There's little reason to make a big investment on them early on.



FANTASY SPORTS
ADAM LEVITAN
alevitan@metro.us

Top 5 QBs



- 1 Peyton Manning** — Eric Decker is gone but Emmanuel Sanders and rookie Cody Latimer should be just fine.
- 2 Aaron Rodgers** — When healthy, Rodgers has 4,000-yard passing years in his sleep.
- 3 Drew Brees** — Oh, about yards? Brees has put up three straight 5,000-yard seasons.
- 4 Matthew Stafford** — Stafford has new offense weapons to work with like Golden Tate and rookie Eric Ebron.
- 5 Tom Brady** — Look for a bounce-back year, stats-wise.

Top 5 RBs

- 1 Adrian Peterson** — New OC Norv Turner should get Peterson involved in the passing game as well.
- 2 Jamaal Charles** — Charles said he wants to be mentioned in the same breath as Barry Sanders and Emmitt Smith. Who are we to disagree?



- 3 LeSean McCoy** — Chip Kelly's offense should look even better in Year 2.
- 4 Matt Forte** — Rushed for career-high numbers in 2013.
- 5 Eddie Lacy** — No sophomore slump here. The Packers' offense should be scary.

Top 10 WRs

- 1 Calvin Johnson** — Still the best in the game.
- 2 Demaryius Thomas** — Manning's favorite target.
- 3 Julio Jones** — Healthy and ready to dominate.
- 4 A.J. Green** — Came up huge in fantasy playoffs.
- 5 Dez Bryant** — Count on another 1,200-yard, 12 TD season.
- 6 Brandon Marshall** — Has had double-digit TD years in back-to-back seasons in windy Chicago.
- 7 Randall Cobb** — Packers. Offense. Scary.
- 8 Jordy Nelson** — Hamstring tweak is minor issue.
- 9 Michael Crabtree** — Should get the attention of you and Richard Sherman.
- 10 Antonio Brown** — Had a 1,499-yard 2013 season.

Top positional busts

- Nick Foles, QB, Eagles
- Le'Veon Bell, RB, Steelers
- Pierre Garcon, WR, Redskins
- Vernon Davis, TE, 49ers



THE NICK FOLES HYPE OFF LAST SEASON IS OUT OF CONTROL.

ALL PHOTOS: GETTY IMAGES

Top 10 overall

- 1 Adrian Peterson** — Nope, it's not 2010. But he's still got it.
- 2 Jamaal Charles** — Chiefs back can do it all.
- 3 LeSean McCoy** — Shady can also do it all.
- 4 Matt Forte** — Thriving under Marc Trestman.
- 5 Eddie Lacy** — Could win you your league single-handedly.
- 6 Calvin Johnson** — Twelve TDs in 2013.
- 7 Arian Foster** — A risk still worth taking.
- 8 Jimmy Graham** — Best TE on the board.
- 9 Peyton Manning** — First QB off the board.
- 10 Montee Ball** — Should be huge upgrade over Knowshon Moreno.

3

SPORTS



Dress rehearsal

First units on display vs. Panthers

While Bill Belichick is known for going against the grain, he has traditionally held the third pre-season game of each August in the same regard as most coaches around the league. The third exhibition game is widely regarded as a dress rehearsal for the regular season. The fourth pre-season game is just too close to the regular season opener, so this game Friday (7:30 p.m., CBS4) in Foxboro will likely be our best look at the 2014 Patriots' first units on offense and defense to date. Tom Brady is expected to play at least a full half.



Visit **Metro.us** to see a full preview of this Friday's Panthers vs. Patriots tilt.

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front exterior



kitchen



living room



roof deck view

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MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Delroy M. Douglas and Brenda J. Douglas to Mortgage Electronic Registration Systems, Inc. as nominee for, Wilmington Finance, Inc., its successors and assigns, dated January 11, 2007 and Registered with Suffolk County Registry District of the Land Court as Document Number 775773 noted on Certificate of Title Number 127217 subsequently assigned to U.S. Bank National Association, as Trustee for the Specialty Underwriting and Residential Finance Trust Mortgage Loan Asset-Backed Certificates Series 2007-BC2 by Mortgage Electronic Registration Systems, Inc., its successors and assigns by assignment recorded in said Registry of Deeds Certificate 127217 Document 779526, of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on August 28, 2014 at 44 Gallivan Boulevard, Boston (Dorchester), MA, all and singular the premises described in said Mortgage, to wit:

That certain parcel of land with the buildings thereon situate in that part of Boston known as Dorchester, situate on Gallivan Boulevard being shown as Lot 45 on a subdivision plan drawn by A.C. Peters Co., Inc. Civil Engineers, dated May 18, 1930, as approved by the Court, filed in the Land Registration Office as plan No. 13715-D, a copy of a portion of which is filed with Certificate of Title No. 28197.

Meaning and intending to convey the same premises conveyed to grantor by deed dated October 20, 2005 and filed with the Suffolk County District of the Land court as Document No. 710723 (Certificate of Title 122728).

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L. Ch 183A, unpaid taxes, tax files, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check or bank treasurer's check will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

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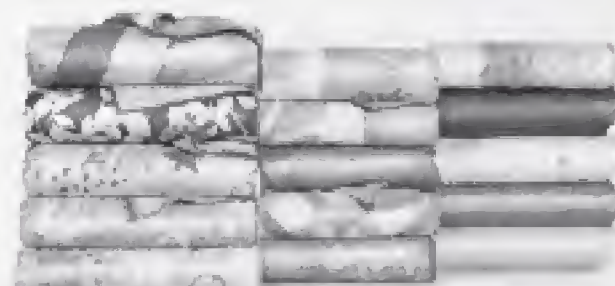
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